

# ALLERGENS & SPECIAL DIETARY INFO

MEXICALI

PORTIONS FOR MAINS	EGG	MILK	SOY	GLUTEN	WHEAT & CEREAL	SULPHITES	LUPINS	PEANUT	TREE NUT	SESAME	SHELLFISH	FISH	VEGETARIAN	VEGAN
BARBACOA BEEF														
BEEF MINCE														
BBQ JACKFRUIT				TRACE									X	X
BLACK BEANS	X	X		TRACE	X	X								
CARAMEL SAUCE													X	X
BROWN RICE													X	X
CHARRED CORN SALSA													X	X
CHEESE		X											X	
CHICKEN - GARLIC & LIME														
CHICKEN - TENDERLOIN	X	TRACE	X	X	X							TRACE		
CHICKEN BREAST SOUS VIDE		TRACE	TRACE											
CHIPOTLE CREMA	X	X		X	X									
CHIPOTLE CREMA (VEGAN)													X	X
CHOCOLATE SAUCE													X	X
CHURROS	X	X	X	X	X								X	
CRISPY TACO SHELL				TRACE									X	X
EL DIPPO		X												
FAJITA VEGGIES													X	X
GUACAMOLE													X	X
HOT TOTS													X	X
JALAPEÑO RANCH	X	X												
LETTUCE & CABBAGE													X	X
FRUIT SALSA													X	X
MEXI FRIES													X	X

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PEPITAS (PUMPKIN SEEDS)													X	X
PICKLED JALAPEÑO													X	X
PICKLED RED ONION													X	X
PICO DE GALLO													X	X
PINTO BEANS													X	X
PULLED PORK CARNITAS														
SALSA MACHA										X			X	X
SALSA PICANTE													X	X
SALSA ROJA													X	X
SOUR CREAM		X												
TANGY TOMATILLO SALSA													X	X
TORTILLA CHIPS CORN				TRACE	TRACE								X	X
TORTILLA CORN				TRACE	TRACE								X	X
TORTILLA FLOUR				X	X								X	X
TEMPURA BATTERED FISH		X	X	X	X							X		

X

*This item contains the allergen listed / is vegetarian or vegan.*

TRACE

*Product is produced in a plant or with equipment that also processes the allergen.*

*\*\* All sulphites present in Mexicali food items come exclusively from vinegar - in which sulphites occur naturally below the concentration (10mg/kg) to be required as a listed ingredient under law.*

## GLUTEN INTOLERANCE & CELIAC DISEASE

*If you avoid gluten, skip the flour tortillas. If you're highly sensitive and need us to change gloves, just let us know at the start of your order - we're happy to help.*

**HEADS UP** *Items made with corn, like our corn tortillas (chips and crispy corn shells) and corn salsa, may contain trace amounts of gluten due to co-mingling with gluten-containing grains in the field. Our fryers are also used for products that contain gluten, so there's a chance fried items may have traces of gluten too. We can't guarantee no cross-contact.*

*If you eat dairy, our shredded cheese is made with vegetable-based rennet.*

*Mexicali Fresh kitchens handle ingredients containing common allergens including gluten, milk, egg, soy, sesame and fish. While we take care to minimise cross-contact, we cannot guarantee that any item is completely free of allergens due to shared preparation areas and cooking equipment.*

*Customers with severe allergies should inform staff before ordering so additional precautions can be taken.*